

4-H AFTER-SCHOOL

Series of 4-6 Sessions, each up to 1.5 Hours Long

Montgomery.osu.edu

4-H After-School: A youth development program that consists of a series of 4-6 lessons on one or more of the following topics:

- > Healthy Living Healthy Eating*, Food Safety, Keeping Fit
- > Leadership Team work, Communication, Qualities of a Good Leader
- > STEM Experimenting*, Science in Everyday Life*
- > Cloverbuds A mix of the above activities for those ages 5-8

Each of these Lessons can be adapted for use in your classroom. Every lesson includes "hands on" activities, group discussions, and application to the real world while focusing on developing self-responsibility, communication skills, and reading skills. At the end of the last lesson, each child will receive a certificate showing their participation in the program!

What's the cost? Free, with the exception of a couple of our STEM and Healthy Living lessons (marked with *) where we charge \$3 per child for supplies used. All programs may require for your site to provide supplies (chairs, paper, crayons, AV equipment, etc...). We do not provide transportation.

How to register: To arrange dates & times contact Dasia Brown, 4-H/FCS program

assistant, and complete the 4-H After-School arrangement form.

Phone: (937) 224-9654 ext.113 **Email:** <u>brown.5517@osu.edu</u>

4-H Pledge:

I pledge my HEAD to clearer thinking, my HEART to greater loyalty, my HANDS to larger service, & my HEALTH to better living, for my club, my community, my country and my world.

